



Let Us Pray

In the name of the Creator God,
and of Jesus Christ,
and of the Holy Spirit. Amen.

THE FIRST STEP

Turn your heart toward God.

Lord, God, creator of all that exists,
I greet you now with my whole self,
eager as I am to begin this journey of faith.
You know my mind and heart,
and you walk with me each day of my life.
Help me now to commit myself
to a simpler life,
one in which I make room for others,
and care for the earth,
and never use more than my own share
of the many good things
we have on this earth.

Pause to consider all that you have.

As I begin this journey of Fourteen Steps
be with me Great Spirit
and make me resolute in my commitments.
Let each choice I make be conscious
and each failure temporary.
And grant me the wisdom to seek you in all things,
and to find you in them as well. Amen.

Now turn to the first step and begin your journey.