



The **Growing Up Catholic** Scope and Sequence for **First Eucharist**

Growing Up Catholic means...	1 ...we gather with the People of God at Mass	2 ...we listen to the Readings & the Homily	3 ...we offer bread and wine, and all that we have	4 ...we pray the Eucharistic Prayer as the Family of God	5 ...we receive Holy Communion for the first time	6 ... we are sent out to love God and change the world!
Prayer Celebration	A prayer to be sorry for our sins before Mass	A prayer to be thankful for God's Word in the Bible	A prayer to offer ourselves to Jesus and each other	A prayer to thank Jesus for his sacrifice on the Cross	A prayer to prepare ourselves for Communion	A prayer to accept God's grace & change the world
Focus on learning	We learn what happens at Mass	We learn the parts of the liturgy of the Word	We learn about our gifts and how to give them	Remembering and the Eucharistic Prayers	The Lord's Prayer, the kiss of peace, Holy Communion	We learn how to live what we believe
Scripture story	Mark 6:30-44 Jesus feeds everyone	Luke 10:38-42 Mary learns from Jesus	Mark 12:41-44 The Widow who offered it all	Luke 22:7-20 The Last Supper of Jesus	John 10:11-14 Jesus is the Good Shepherd	John 21:1-17 Jesus asks us to help him
Getting to know the Rite	Opening Prayer & The Penitential Rite	The Liturgy of the Word	The Offertory	The Eucharistic Prayer	The Communion Rite	The Blessing and Sending Forth
At home this week	Creating a household of love	Meeting Jesus in the Bible	Planning to be a Catholic Household	Learning meal prayers at home	A plan for love in daily life	Rehearse at home and final preparation
Catechism of the Catholic Church	#1140: It is the whole community, the Body of Christ, united with its Head, that celebrates.	#1154: The liturgy of the Word is an integral part of sacramental celebrations.	#1351 From the very beginning Christians have brought, along with the bread and wine, gifts to share with those in need.	#1366 The Eucharist is thus a sacrifice because it <i>re-presents</i> (make present) the sacrifice of the Cross.	#1382 To receive communion is to receive Christ himself who has offered himself for us.	#1397 To receive [Communion] in truth... we must recognize Christ in the poorest, his brethren.
Growing Faith	#19 Christ's Faithful: the People of God	#4 Scripture is the Word of God	#42 What we own, greed & generosity	#25 Eucharist	#11 You are the Messiah!	#34 Society & human dignity