



Let Us Pray

In the name of the Creator God,
and of Jesus Christ,
and of the Holy Spirit. Amen.

THE FIFTH STEP

Turn your heart toward God.

You have made me, O God

to know you, love you, serve you,
and be happy with you forever.

I now pause in the midst of my very busy life
to reflect and consider this question:

“What makes me deeply, truly happy?”

I pray for profound wisdom in this step of my journey,
to see with clarity and vision
that way of life which most fulfills me.

Pause to consider quietly whatever springs to your heart. Pay attention to what emerges.

Give me the grace to recognize

that you place within me a living heart
ready to follow the pathway most suited to me.

Grant me courage and strong willingness

to follow my inner Guide
and so to make choices which lead me to you.

Amen.

Now turn to the fifth step and continue your journey.